

**Abstract**

**Mental Disorders and Fitness for Work in Korea**

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**Objectives:** This study investigated the actual state of people with mental disorders in Korea, in order to present an alternative proposal for their work fitness and vocational rehabilitation.

**Methods:** The authors conducted this study through a review of statistics on the prevalence of mental disorder, labor laws, and the literatures related with work fitness and vocational rehabilitation of people with mental disorders.

**Results:** According to recent surveys, about 3 million people in Korea are likely to have mental disorders which could lead to discrimination in social life and dishonor in occupational career, either in the present or near future. Therefore, evaluation of work fitness and vocational rehabilitation for persons with mental disorders are important. At present, work fitness for psychiatric patients is evaluated without suitable guidelines regarding the kinds and severity of mental disorders that impede work capacity. Furthermore, mental disorder-specific fitness for work is not under consideration.

**Conclusions:** It is true that most psychiatric patients have some limitation in performing their job. However, judging from the results of some research, proper displacement, apprehension of co-workers, and adjusted workplace could help them complete their tasks properly despite their troublesome psychiatric symptomatology. The government must help all citizens to do their best in their social life, and show a deep interest in the employment of all disabled people including those with psychiatric disorders. Above all we have to change our attitudes and preconceptions against people with mental disorders. Some labor laws, which presently impede employment of people with psychiatric disorders, need to be revised in their favor. Future work capacity evaluation should be done on the basis of ability to function in the workplace rather than symptomatology.

**Key Words:** Mental disorder, Work, Rehabilitation vocational, Work capacity evaluation

가

1 5 5

가 20%

가

(Kerns Lipsedge, 2000).

가

가

가

(  
2002).

가

2001

4 5

가

(Gove Geerken, 1977), Brown Haris  
(1978)

2001  
'Dare to care'

'Stop exclusion-

가

Census and Survey Office of  
Population

16-64 7 1

(Meltzer , 1994).

가

( )

(HSE, The Health and

Safety Executive 1990

(The Trailer to the 1990 Labor Force  
Survey)

0.5 ~ 1%가

(Kessler , 1994).

가

6

(Teasdale Creed, 2000),

1 , 9 1

1/3 ,

가

(Kerns

2  
(Glozier, 2002).

20%  
15 ~ 30%

Lipsedge, 2000).

5%

, 2% (2000)  
 (Jenkins , 1998). ( 0.5~2.5%),  
 17%, 3%, 1%), (2~3%),  
 20% (Kessler , 1994). (1%)  
 5%

가 1 가  
 2-3 , 6  
 0.6~1%  
 (Conti Burton, 1994). Kerns Lipsedge (2002)

**Table 1.** ( , 2002)

	(%)	(%)	(%)
	18.5	1.6	10.2
	25.8	6.6	16.3
*	2.3	7.4	4.8
†	0.8	1.4	1.1
‡	4.8	13.5	9.1
	-	0.13	0.07
§	0.4	1.7	1.0
	38.7	23.9	31.4
	29.6	23.3	26.5
	7.1	19.4	13.2

\* : , ,  
 † : , , , , ,  
 ‡ : , , , , , , ,  
 § : , , ,

**Table 2.** ( , 2002)

	(%)	(%)	(%)
*	4.2	691,474	13.3
	2.8	467,202	9.8
	1.0	140,327	3.8
	0.4	61,298	0.8
	11.2	1,153,240	2.7
			2,127,025
			8.7
			2,818,506
			6.3
			2,036,194
			2.3
			705,693
			0.6
			183,432
			7.0
			1,428,541

\* :

**Table 3.**

<p>2 ( )</p> <p>8 ( )</p> <p>19 ( ) 가</p> <p>2 ( ) 2</p> <p>1. :</p> <p>2. :</p> <p>2 ( ) 1.</p> <p>2.</p> <p>4 ( )</p> <p>13 ( )</p> <p>14 ( )</p> <p>18 ( )</p> <p>23 ( 가 ) 가</p> <p>24 ( )</p> <p>100 2</p> <p>100 5</p> <p>4 ( ) 2</p> <p>가</p>	<p>45 ( )</p> <p>가 가</p> <p>116 ( )</p> <p>117 ( )</p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>53 4 3</p> <p>가 :</p> <p>70 ( )</p> <p>1. , ,</p> <p>2. , ,</p>
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(K-CIDI, Korean Composite International Diagnostic Interview) 25

가

( ) 31.4%( 38.7%, 23.9%) , 가 1.6 . 가 ,  
 26.5%( 29.6%, 23.3%) .  
 1.1%( 0.8%, 1.4%) , ( ) 4.8%( 2.3%, 7.5%), 9.1%( 4.8%, 13.5%) (Table 1). 가

1 8.7%( 4.2%, 13.3%) 가 3 1 691,474 , 2,127,025 2,818,506 (Table 2). 가

(Table 3).

45 ( )

가 (2001) 가 69.8% 가 가 15.7% 10.4%

116 ( ) 1

가 47.1% , 117 . 1 37.5% 가 ( ) . 30 18.7% . 31.4% 가 68.8%, 가 31.2% . 97.5%가 가

가 ' 가 ' . , ,

가 .

가

가

Davis(1994)

가 100

가

가

가

가

가

가

가

4 ( ) 2

(Pruitt, 1995).

13 ( )

가

가

가

1%

1/5

(Turner Litchfield,

1998).

가

가 가

(Hainer, 1994). Cox Edwards(2000)

( )

가

3가

(Glozier, 2002).

Massel

(first-party risks) (1990)

가 가

(third-party risks),

)

가

가 가 (Kerns Lipsedge, 2000).  
(Glozier, 2002).

가 (Hurrell, 1998).  
가 Kerns Lipsedge(2000)  
(Hurrell, 1998).

가  
가 2%가  
가 Mayou 200  
(1993) 12  
가 10%가  
가  
(Kerns Lipsedge, 2000).

2 가 (Kerns Lipsedge, 2000).  
(Meltzer, 1995)  
(Laiteinen-Krispijn  
Bijl, 2000).  
가  
(Dewa Lin, 2000).  
가

(Angst Sellaro, 2001). (Teasdale  
Creed, 2000).  
(Glozier, 2002).

가 (Larsen, 1998).

가  
 Simon (2001)  
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 60%가 20%  
 (Meltzer, 1995). nothing) Judd (2000) (all or  
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 Floyd(1982) 가 (Kerns Lipsedge, 2000)  
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 (Watts, 1983). Shepherd 가  
 (1983) Swanson (1990) (Crisp, 2000).  
 Anthony Jansen(1984)  
 가 가  
 가 가  
 (Glozier, 2002).



Express

가

가

(Vocational rehabilitation) 가

가

(Anthony Liberman, 1986).

가

가 1960

. Ho

(1998)

가

가

2001).

Strakowski (2000)

(Carone , 1991).

가

가

가 . Muntaner

(Munetz , (1991), 1993),

, , 가 ,

가 (Velligan , 1996), 2.58

가 . 가 ,

4.13

( , 2001).

가

가

Eden

(Macias , 2001).

(Kerns Lipsedge, 2000).  
(Crowther , 2001).  
가 (2001)  
(Sheltered workshop,  
)  
(Lysaker , 1993).  
( Glozier, 2002).  
가 (1995)  
가 , , , , , 가 ,  
가  
가  
가  
( , 2001)  
가  
Teasdale  
가  
 Creed(2000) 가 가  
가 가  
가  
(Americans  
(Disability  
with Disability Act)  
Discrimination Act)  
가  
가  
가  
가  
(2002)  
가

가

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60

가

가

가

가

가

가

가

가

가

2002-20

2002.

2002.

3

가

2001-09

2001.

가

가가

38

1995.

2001;8(1):52-66.

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